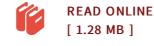


The Omni Diet: The Revolutionary 70% PLANT + 30% PROTEIN Program to Lose Weight, Reverse Disease, Fight Inflammation, and Change Your Life Forever

By Amen, Tana

St. Martin's Press, 2013. Hardcover. Book Condition: New. Publisher's Return - may have a remainder mark. Multiple copies are available.



Reviews

These kinds of ebook is almost everything and got me to seeking ahead of time plus more. It really is filled with wisdom and knowledge I discovered this book from my i and dad advised this publication to learn. -- Sonny Bergstrom

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