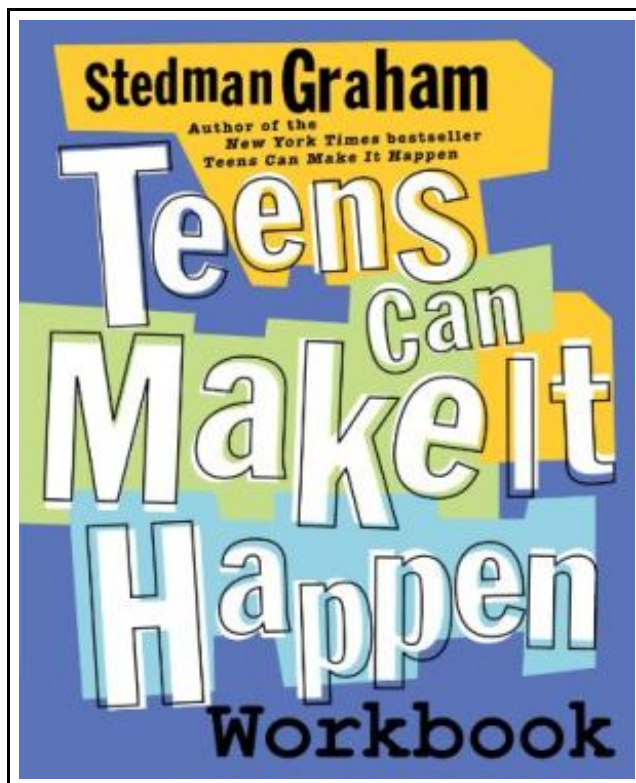


Teens Can Make It Happen Workbook



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TEENS CAN MAKE IT HAPPEN WORKBOOK



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Touchstone. Paperback. Book Condition: New. Paperback. 176 pages. Dimensions: 9.1in. x 7.4in. x 0.5in. Based on his New York Times bestseller *Teens Can Make It Happen*, Stedman Graham now introduces the *Teens Can Make It Happen Workbook* -- the essential hands-on guide to teen life. From Stedman Graham, the bestselling author of *Teens Can Make It Happen*, comes an activity-filled workbook designed to help teens realize their full potential. The *Teens Can Make It Happen Workbook* is packed with entertaining exercises that will show you how to work your way through Graham's nine steps to success. The workbook teaches the nine steps discussed in *Teens Can Make It Happen*, along with a variety of fun, thought-provoking, and, ultimately, life-changing activities for those ready and willing to make it happen. From group activities to self-tests to journaling, the workbook is filled with relevant and practical exercises for any teen looking to make that journey to adulthood an easy one. You will learn ways to create a whole new vision of how to use your talents and desires to become your best. In order to achieve this vision, Graham stresses, you must believe in the possibility of your success in order to have a strong sense of self-understanding and awareness. Written in an entertaining and interactive style, Graham bridges the gap between education and the real world and, in addition, shows you how to boost self-esteem, avoid peer pressure, and handle the stresses of daily life that are part of being a young adult. As founder of Athletes Against Drugs, an organization created to combat drug abuse and promote youth leadership, Graham knows how to talk to teenagers. Whether used as a companion to *Teens Can Make It Happen* or on its own, the *Teens Can Make It Happen Workbook* shows you how...



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