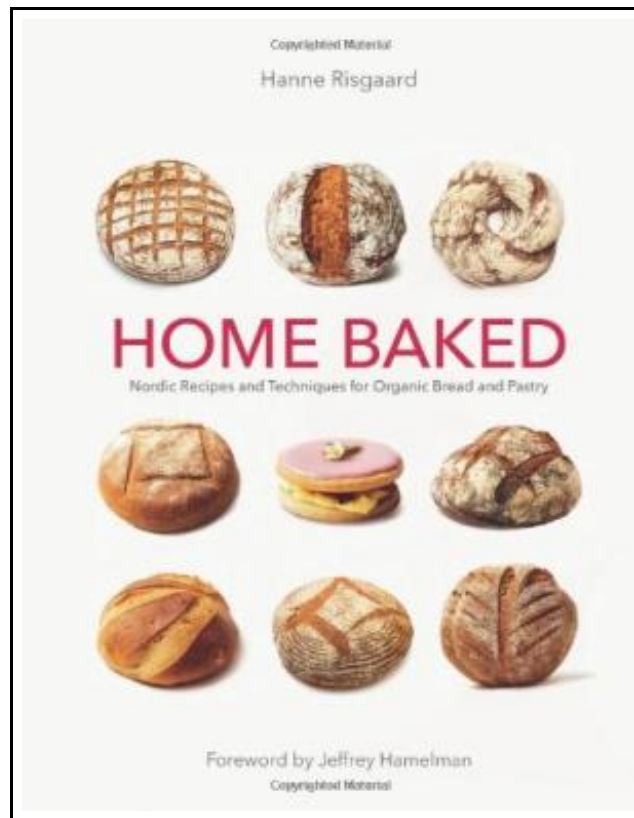


Home Baked: Nordic Recipes and Techniques for Organic Bread and Pastry



Filesize: 6.43 MB

Reviews

The ebook is not difficult to read through easier to comprehend. Of course, it is perfect, nonetheless an interesting and amazing literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.

(Dr. Haylee Grimes PhD)

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Chelsea Green Publishing, 2012. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: ForeWord Reviews- "Nordic baking may not be part of the household cookbook section, but it ought to be. In this new book, Hanne Risgaard introduces American bakers to the joys and intricacies of baking with organic grains. Taking a cue from an Old Danish proverb quoted in the book, "'If only it had been a grain of barley,' sighed the hungry hen, when she found a diamond in the dung-pile," this book is about nurturing that which sustains the body and soul. Readers learn about baking, grain, and Danish culture in this warm and inviting book. Co-owner and operator of Skrtoft Mlle, a working stone mill, Risgaard is intimately familiar with multiple grains, their properties, and the ways in which those properties translate into different tastes, textures, and color in baked goods. She began her career in media but after forty years in that business, she turned her attention to farming, and eventually organic farming. The Skrtoft Stable Kitchen at Skrtoft started offering bread baking classes in 2008, and in 2011, Home Baked was nominated for Best Bread Book of the Year at the Gourmand World Cookbook Awards. The book begins with a foreword by Jeffrey Hamelman, the director of the Baking and Education Center at the King Arthur Flour Company in Norwich, Vermont. He reveals an initial apprehension about making an outstanding baking book for the home baker, but is soon relieved by Risgaard's "clear and abiding concern and commitment for human health." In addition to her discussion of the benefits of organic grains, she also gives the reader an appreciation for the Nordic landscape and palette. American bakers will find lovely photographs and unique ingredients throughout the book, such as lavender,...



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