



## Focus on Post-Traumatic Stress Disorder Research

By Thomas A. Corales

Nova Science Publishers Inc. Hardback. Book Condition: new. BRAND NEW, Focus on Post-Traumatic Stress Disorder Research, Thomas A. Corales, Posttraumatic Stress Disorder, or PTSD, is a psychiatric disorder that can occur following the experience or witnessing of life-threatening events such as military combat, natural disasters, terrorist incidents, serious accidents, or violent personal assaults like rape. People who suffer from PTSD often relive the experience through nightmares and flashbacks, have difficulty sleeping, and feel detached or estranged, and these symptoms can be severe enough and last long enough to significantly impair the person's daily life. PTSD is marked by clear biological changes as well as psychological symptoms. PTSD is complicated by the fact that it frequently occurs in conjunction with related disorders such as depression, substance abuse, problems of memory and cognition, and other problems of physical and mental health. The disorder is also associated with impairment of the person's ability to function in social or family life, including occupational instability, marital problems and divorces. PTSD is associated with a number of distinctive neurobiological and physiological changes. PTSD is treated by a variety of forms of psychotherapy and drug therapy. This new book presents leading research from around the world.



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